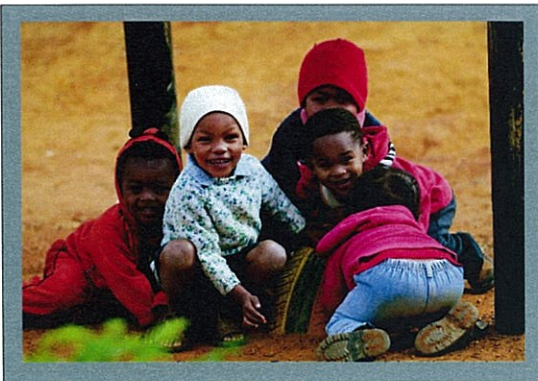


## Donors & Admin

GHPS is registered with the Department of Social Development as a **non-profit public benefit organisation**. A **management committee** administers its daily affairs and meets regularly to discuss financial and fundraising issues. At the **AGM** the budget is approved and annual activities are accounted for. A **board** of socially committed persons, representing the community, assists and oversees the management committee.

About 30 people, including staff members, are involved in maintaining the service and running the organisation.

The service is completely dependent on **donor funding**. We have loyal and committed donors but current donations do not cover our entire budget. We are constantly seeking new partnerships with interested donors and are looking at ways to expand our valuable service to more communities in the Western Cape.



## Achievements & Stats



- Our organisation has been selected as:
  - an Oprah Magazine Community **Change-maker**;
  - first runner-up Department of Social Development's **Community Builder of the Year** (W Cape);
  - and a **Nedbank Local Hero**.
- We have been offering an uninterrupted service for more than a decade.
- Annually, according to our statistics:
  - about a thousand clients receive therapy during 2 260 sessions;
  - 36% of our clients are children, 65% women;
  - many of our clients suffered trauma (as result of violence, sexual assault and bereavement) and present with depression and anxiety (32%), relationship difficulties (15%) or behavioural problems (12%).

**Contact details:** 20 Main Road, Paarl, 7646

Tel: 021-863 3127 / 8

Fax: 021- 863 1117

**Bank details:** Good Hope Psychological Service,

ABSA Bank: Paarl

Account Nr. 407 417 8215

Branch Nr. 334 - 210

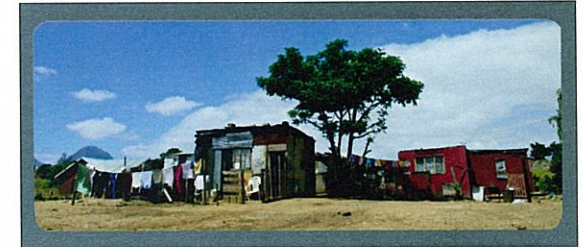
**Contact person:** Elzabé Broekmann

Tel: +27 (0) 21 886 6188

## Good Hope

### Psychological Service

NPO 054297 / PBO 930024785



A registered, non-profit organisation offering  
**a free psychological service**  
to poorly resourced communities  
in the Western Cape



[www.GHPS.co.za](http://www.GHPS.co.za)

GHPS relies on funds from the National Lottery Distribution Trust Fund.





## Background & History

At Good Hope Psychological Service (GHPS) we are passionate about contributing to the healing and well-being of our fellow South Africans. In a country where many have suffered trauma but don't have access to psychological help, GHPS has taken the initiative to offer a free service.

Since 1996, Good Hope Psychological Service has been operating from the Stellenbosch state hospital, and since 2003 also from TC Newman Hospital in Paarl, offering much-needed psychological support to the communities these hospitals serve. Our goal is to maintain the established preventative and healing service and to expand it to other geographical areas.

### Staff

Our loyal and committed staff consists of four registered counsellors and three psychologists. Opportunities are available for intern psychologists and counsellors to do their practical training through our organisation. Staff members attend weekly meetings under the supervision of a senior psychologist and regularly receive additional training.



## Projects & Plans

- Free therapy sessions at Stellenbosch Hospital and TC Newman Hospital, Paarl, as well as in Franschhoek, Moorreesburg and Darling.
- A monthly support group in Paarl for people suffering from **schizophrenia and depression**.
- Therapeutic support at a local rehab centre for people battling with **addiction** and who were raised in alcoholic families.
- **Victim/Survivor empowerment** : Survivors of Rape, Violence, Crime and Emotional Abuse are assisted to heal, grow and live responsibly and assertively.
- A psychological service aimed at the needs of **school children** at poorly-resourced schools around Paarl and Stellenbosch.
- **Development empowerment**: Children with scholastic problems or behavioural difficulties are counselled, together with their families and teachers, to work towards optimal mental functioning.
- **Bereavement recovery**: Support and adjustment counselling is offered to an increasing number of children and parents whose lives have been devastated by HIV/AIDS, illness, crime and accidents.



## Dreams & Objectives

*Hope is hearing the music of  
the future, faith is to dance to it.*

GK Chesterton

- To offer a free psychological service to thousands of people who do not have the financial means to access therapeutic help.
- To assist our community in withstanding the negative emotional impact of violent crime, drug and alcohol abuse, child abuse and rape.
- To encourage the most vulnerable in our community, such as the elderly, young children, handicapped persons, people suffering from chronic mental disorders and the homeless.
- To equip survivors of violent and sexual crimes with the skills needed to live meaningful and courageous lives.
- To assist with relationship problems, trauma related to divorce, loss, suicide and grief, as well as emotional problems inherent to the various transitional phases of life.
- To strengthen family ties, especially the loving, protective bond between primary caregiver and child.
- To educate clients regarding psychological conditions, such as depression, anxiety and stress, panic disorder and post traumatic stress disorder.
- To always remain hopeful and positive while striving to find creative solutions within an environment marked by poverty and a distinct lack of resources and support.

